PRE-CUTS CATALOGUE

Thermoplastic Orthotic Pre-Cuts

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Thermoplastic pre-cuts provide convenient, ready-to-use patterns that streamline workflow and significantly reduce time and cost.
Available in multiple material options and a broad range of sizes and styles to meet diverse clinical requirements
Lower fabrication expenses — eliminates the need for tracing, designing, and manual cutting.
Zero material waste.

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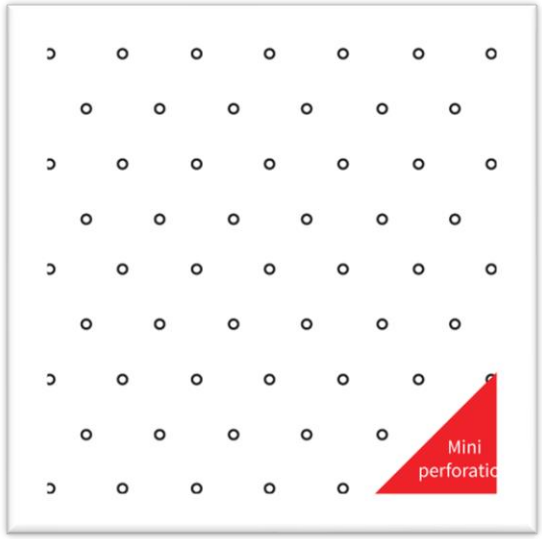
T-TAPE COMPANY

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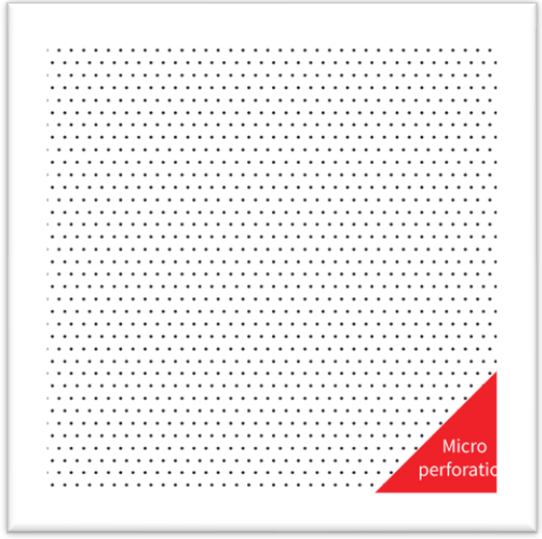
Perforations

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Hand Immobilization Pre-Cuts

Overview

Hand immobilization pre-cuts are designed to stabilize the wrist, hand, and fingers in functional or protective positions. They contour easily when heated, allowing clinicians to achieve secure and comfortable support while minimizing pressure points. These splints often maintain the wrist in neutral or slight extension to optimize tendon alignment and pain relief.

Clinical Applications:

- **Postoperative management of flexor or extensor tendon repairs**

Helps prevent stress to the repaired tendon and maintains appropriate joint positioning during early healing.

- **Fractures of the metacarpals or proximal phalanges**

Provides rigid stabilization to reduce pain and protect the fracture site.

- **Soft-tissue injuries (sprains, ligament lesions, crush injuries)**

Reduces movement-related pain and swelling.

- **Neurological conditions (e.g., spasticity management)**

Positions the hand in a functional resting posture to prevent contractures.

- **Arthritic flare-ups**

Allows pain-relieving immobilization during acute inflammation.

- **Post-burn positioning**

Maintains anti-deformity posture to prevent contractures in the acute phase.

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MCP Immobilization Pre-Cuts (Metacarpophalangeal Joint)

Overview

These pre-cuts support the MCP joints while allowing freedom of movement in the IP joints when required. They are useful for conditions requiring precise restriction of MCP flexion or extension. The shape facilitates accurate alignment of the MCPs in therapeutic positions such as 60–70° flexion.

Clinical Applications:

- **Collateral ligament injuries of the MCP joints**
  Prevents lateral stress and excessive flexion/extension.
- **MCP joint instability or subluxation (e.g., rheumatoid arthritis)**
  Supports joints and minimizes deformity progression.
- **Boxer's fractures (neck fractures of the metacarpals)**
  Maintains optimal MCP flexion during healing.
- **Tendon repairs requiring MCP positioning**
  Ensures controlled joint alignment to protect repair.
- **Sagittal band injuries ("boxer's knuckle")**
  Holds MCP in extension to centralize the extensor tendon.

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Thumb Immobilization Pre-Cuts (Spica Splint Pre-Cuts)

Overview

Thumb spica pre-cuts are molded to stabilize the carpometacarpal (CMC), metacarpophalangeal (MCP), and sometimes interphalangeal (IP) joints, depending on the injury. Their design helps maintain functional thumb positioning required for grasp, pinch, and opposition.

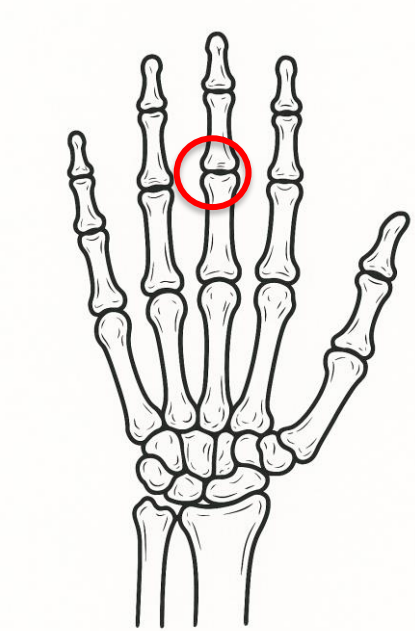
Clinical Applications:

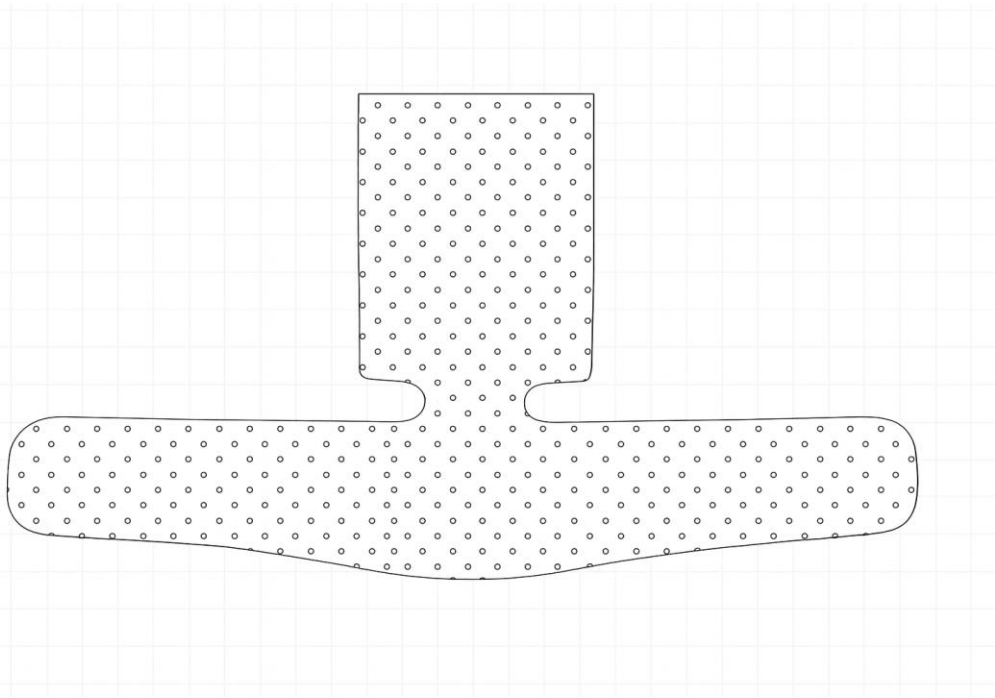
- **Ulnar collateral ligament injuries (Skier's/Gamekeeper's thumb)**
  Provides rigid stabilization to allow ligament healing.
- **Thumb fractures (proximal phalanx, metacarpal, or CMC joint)**
  Protects fracture alignment and reduces pain.
- **De Quervain's tenosynovitis**
  Limits motion of APL and EPB tendons to reduce inflammation.
- **CMC joint osteoarthritis**
  Relieves pain by stabilizing and unloading the joint.
- **Postoperative stability after ligament reconstruction or tendon transfer**
  Ensures postoperative protection with anatomical thumb positioning.
- **Soft-tissue injuries and strains**
  Reduces stress and allows functional rest.

1.1 PIP Extension DIG III

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- **Indications**: PIP prosthesis for digit III, Swan Neck deformity, PIP contractures, fractures, extensor tendon injuries.





Material:

- *TURBOCAST* (code 21)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *TURBOCAST ORTHO* (code OS21)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *BEACHCAST* (code BC21)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo

- Joint focus: PIP joint III.

- **Application:**

1. Heat the pre-cut to working temperature.
2. Mould circumferentially around digit III while holding PIP in desired extension.
3. Check MCP alignment and overall comfort.
4. Secure with Velcro® strap(s).

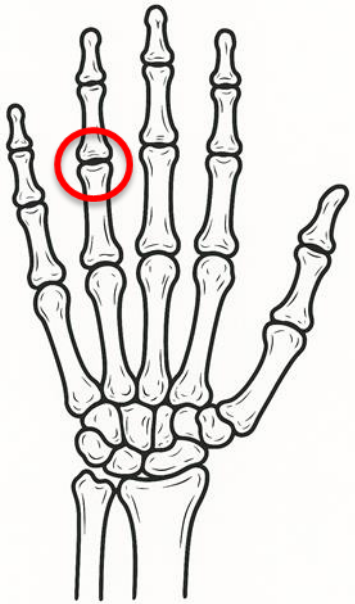
1.2 PIP Extension DIG IV

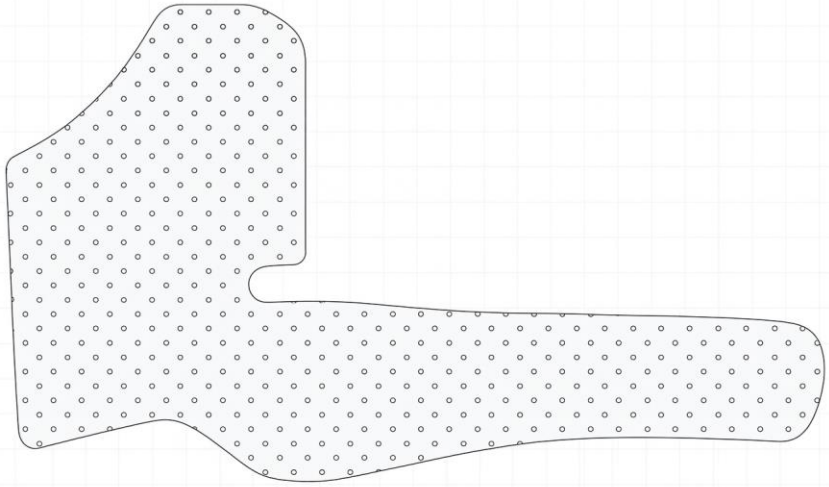
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- **Indications**: PIP prosthesis for digit IV, Swan Neck deformity, contractures, fractures, extensor tendon injuries.

Material:

- *TURBOCAST* (code 23)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *TURBOCAST ORTHO* (code OS23)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *BEACHCAST* (code BC23)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo





- Joint focus: IV PIP joint.

- **Application:**

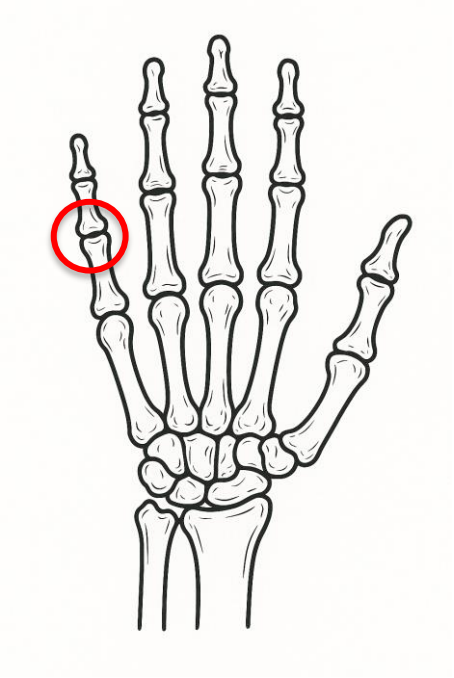
1. Heat the pre-cut to working temperature.
2. Mould around digit IV
3. Fix with Velcro®
4. Avoid over-extension of the MCP joints
5. It is possible to involve the fifth finger as a buddy

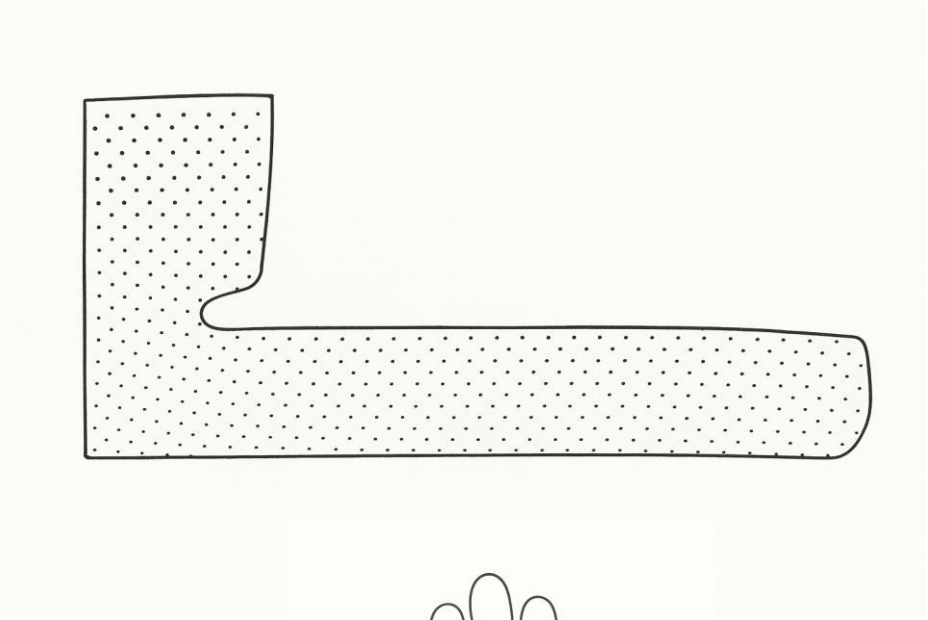


1.3 PIP Extension DIG V

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- **Indications**: PIP prosthesis for digit V, Swan Neck deformity, contractures, fractures, extensor tendon injuries.



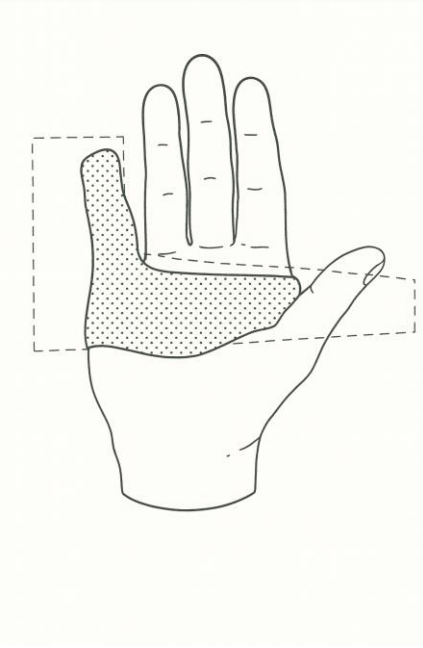


Material:

- *TURBOCAST (code 25)*
- ✓ *Small 1.6 mm micro perfo*
- ✓ *Medium 2.0 mm micro perfo*
- *TURBOCAST ORTHO (code OS25)*
- ✓ *Small 1.6 mm micro perfo*
- ✓ *Medium 2.0 mm micro perfo*
- *BEACHCAST (code BC25)*
- ✓ *Small 1.6 mm micro perfo*
- ✓ *Medium 2.0 mm micro perfo*

- Joint focus: PIP joint V

- **Application:**



1. Apply the heated splint circumferentially around the little finger at the volar side.
2. Close the material with a weld.
3. Position the wider portion between thumb and index and complete the weld at MCP V.
4. Check that PIP extension is maintained without pressure points.

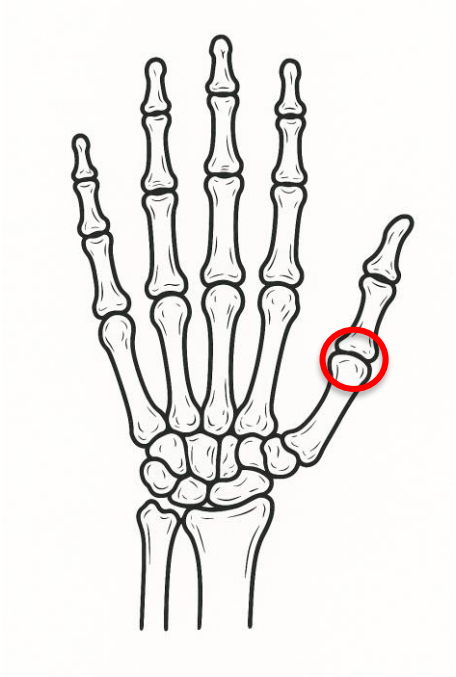
1.4 Thumb Splint

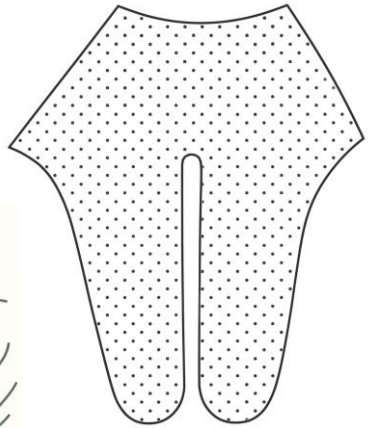
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- **Indications**: Immobilisation of MCP-I, thumb subluxation, avulsion fractures, phalangeal fractures of the thumb, ulnar collateral ligament injuries

Material:

- *TURBOCAST* (code 32)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *TURBOCAST ORTHO* (code OS32)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *BEACHCAST* (code BC32)
- ✓ Small 1.6 mm micro perfo
- ✓ Medium 2.0 mm micro perfo









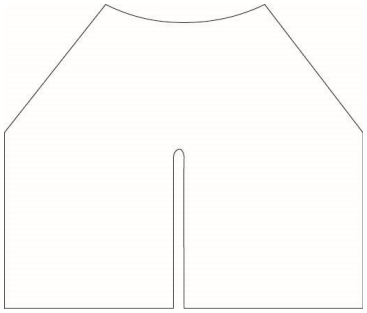
- Joint focus: First web space / CMC region.

- **Application:**

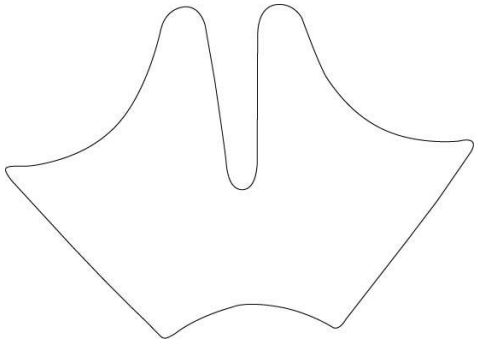
1. Cut from sheet using the pattern or use the pre-cut directly.
2. Place the laps like a saddle behind the thumb.
3. Weld thumb edges together and trim away excess flaps.
4. Position the thumb in opposition to the index (or as required) and secure with Velcro® lappets.

1.4 Thumb Splint – pre cuts variety

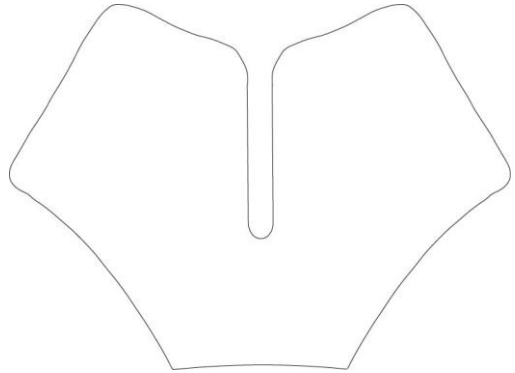
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- 16355 - S
- 16356 - M
- 16357 - L



- 17160 - S
- 17161 - M
- 17162 – L

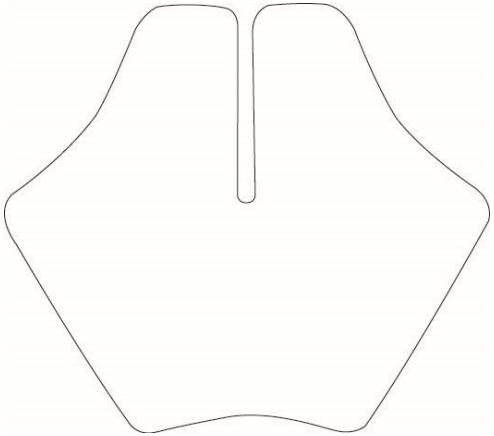


- 18901 – S/M
- 18902 – L/XL

Made from Turbocast Ortho 2.0 mm micro perfo skin

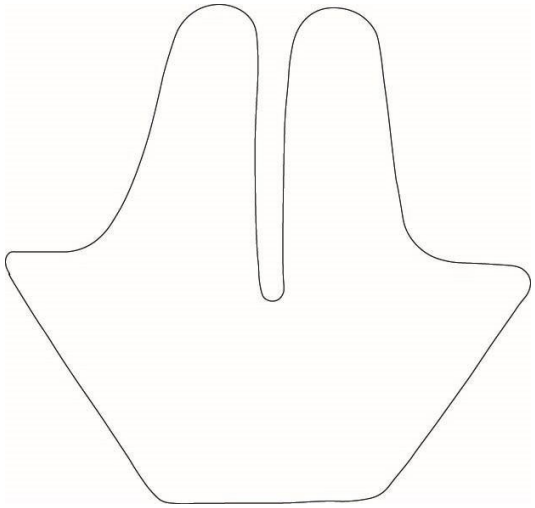
1.4 Thumb Splint – pre cuts variety

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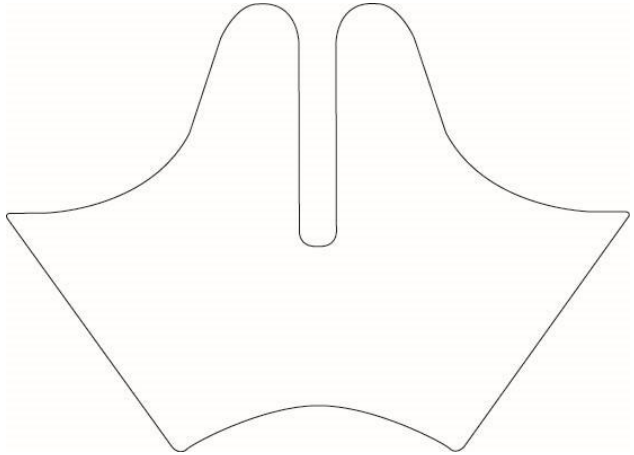
- 72312-24 – S/M
- 72312-25 – L/XL

Made from IMMO+ NS 1.6 mm perfo A



- BTSH2HIW161
- BTSH2HIW201-NS

Made from IMMO+ NS 1.96 and 2.0 mm micro perfo white



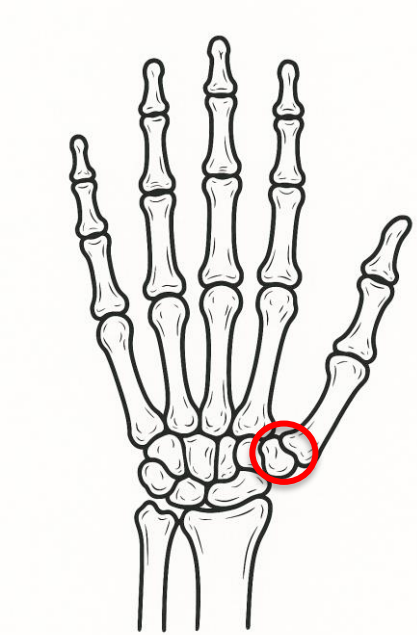
- GM930B161M
- GM930B161S

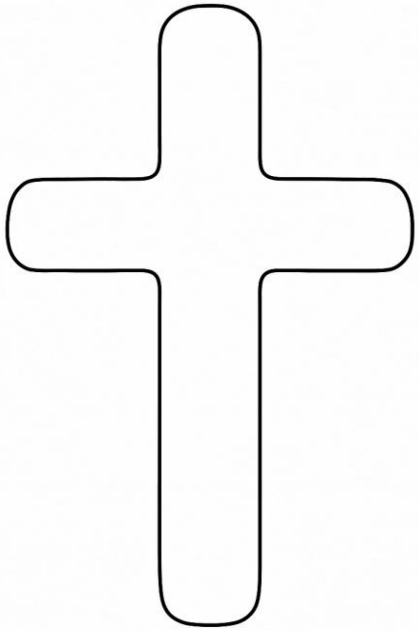
Made of Immo+ Black 1.6 mm micro perfo

1.5 Web Space

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- **Indications**: Contracture of the first web space between thumb and index.





Material:

- *TURBOCAST* (code 34)
✓ Small 2.5 mm non perfo
✓ Medium 3.0 mm non perfo
- *TURBOCAST ORTHO* (code OS34)
✓ Small 2.5 mm non perfo
✓ Medium 3.0 mm non perfo
- *BEACHCAST* (code BC34)
✓ Small 3.2 mm non perfo
✓ Medium 3.2 mm non perfo

- Joint focus: First web space / CMC region

- **Application:**

1. Heat and mould the material to open and maintain the palmar web space.
2. Join lappets with Velcro® to maintain abduction.
3. Reheat as needed to gradually adjust the abduction angle

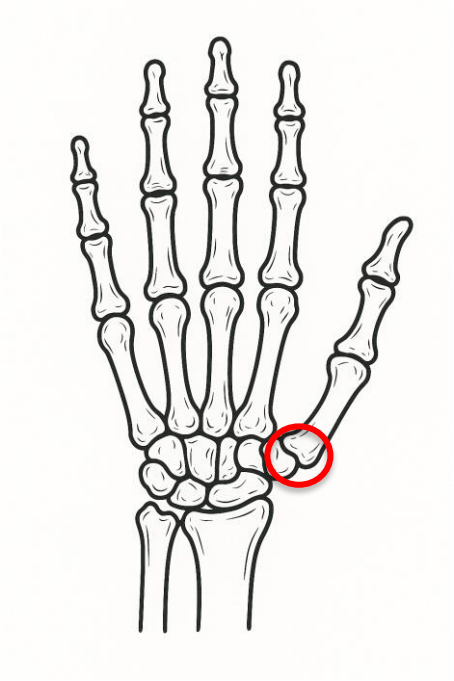
1.6 Thumb Immobiliser

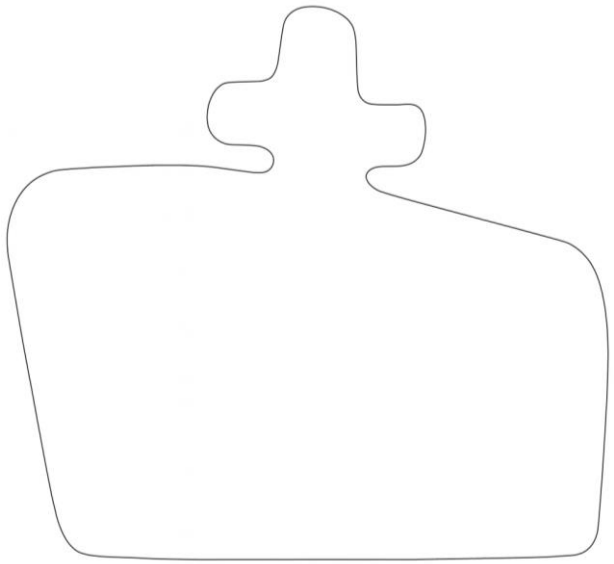
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- **Indications**: De Quervain's tenosynovitis, quadriplegia-related instability, inflammatory wrist and thumb CMC/MCP conditions, scaphoid fractures, Bennett's fracture-dislocation

Material:

- *TURBOCAST* (code 85)
- ✓ Small 2.0 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *TURBOCAST ORTHO* (code OS85)
- ✓ Small 2.0 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *BEACHCAST* (code BC85)
- ✓ Small 2.0 mm micro perfo
- ✓ Medium 2.0 mm micro perfo





- **Joint focus:** First web space / CMC region

- **Application:**

1. Mould the base around the wrist.
2. Stretch material around the dorsum of the thumb.
3. Pass lappet A through the web space from volar to dorsal.
4. Pass lappet B from dorsal to volar around the thumb.
5. Smooth creases, flare proximal edge, and apply three straps over forearm and wrist.

Forearm-Based Pre-cuts

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Clinical Applications

Forearm-based pre-cuts can be adapted into various splint types, including volar wrist splints, dorsal blocking splints, thumb spica splints, ulnar or radial gutter splints, and resting hand orthoses.

Common Clinical Indications:

1. Tendon Injuries & Post-operative Protocols

- Flexor tendon repairs (e.g., dorsal blocking splints)
- Extensor tendon repairs requiring wrist or hand immobilization
- Guided passive or early-mobilization protocols

Purpose: Protects repaired tendons, maintains therapeutic joint angles, controls movement during healing.

Forearm-Based Pre-cuts

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2. Fractures of the Wrist, Forearm, or Hand:

- Distal radius and ulna fractures (nonsurgical or postoperative)
- Carpal fractures (e.g., scaphoid)
- Metacarpal fractures requiring wrist stabilization
- Stable forearm fractures requiring functional immobilization

Purpose: Provides rigid protection and alignment while reducing pain and preventing displacement.

3. Ligamentous Injuries

- TFCC injuries
- Scapholunate ligament injuries
- Wrist sprains or partial ligament tears

Purpose: Restricts painful wrist motion, allowing ligament healing while maintaining functional positioning.

Forearm-Based Pre-cuts

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4. Nerve Injuries or Neurological Conditions

- Radial nerve palsy (wrist drop splinting)
- Median or ulnar nerve injuries requiring protective positioning
- Spasticity management in upper-motor-neuron conditions

Purpose: Maintains functional alignment, prevents contractures, and assists with functional grasp patterns.

5. Arthritis & Chronic Wrist Conditions

- Rheumatoid arthritis
- Osteoarthritis of the wrist or CMC joints
- Carpal instability

Purpose: Reduces pain, stabilizes inflamed joints, and protects against deformity progression.

Forearm-Based Pre-cuts

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6. Post-Burn or Soft-Tissue Injury Management

- Burn positioning to prevent contractures
- Severe contusions, crush injuries, or tendonitis
- Overuse injuries such as De Quervain's or ECU tendonitis (with thumb or ulnar stabilization variations)

Purpose: Supports healing tissues and maintains anti-deformity positioning during recovery.

7. Functional Resting or Night Splints

- Chronic wrist pain
- Overuse syndromes
- Post-operative rest requirements

Purpose: Provides a neutral, protected position to minimize nighttime stress and inflammation.

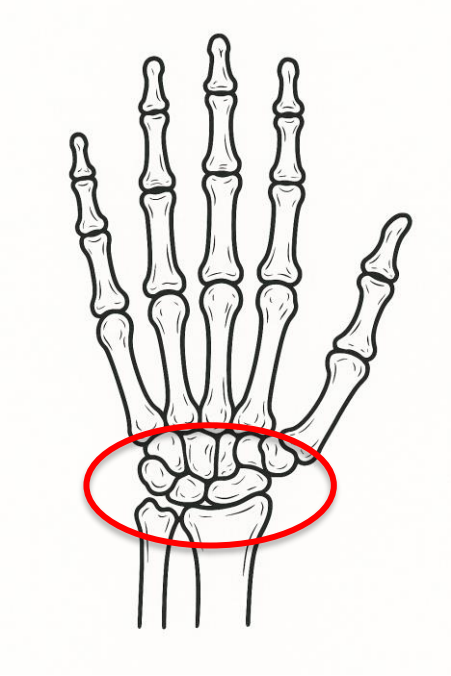
2.1 Rest Splint for Rheumatism of the Hand

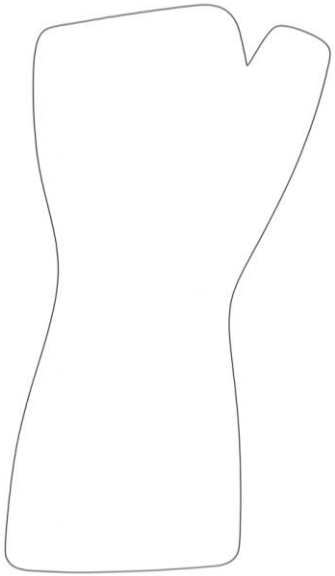
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- **Indications**: Rheumatoid arthritis, postoperative correction of ulnar deviation, inflammatory joint disease with or without carpal tunnel involvement.

Material:

- *TURBOCAST* (code 53)
  - ✓ Small 2.5 mm mini perfo
  - ✓ Medium 2.5 mm mini perfo
- *TURBOCAST ORTHO* (code OS53)
  - ✓ Small 2.5 mm mini perfo
  - ✓ Medium 2.5 mm mini perfo
- *BEACHCAST* (code BC53)
  - ✓ Small 3.2 mm mini perfo
  - ✓ Medium 3.2 mm mini perfo





- Joint focus: Wrist and MCP joints in resting position.

- **Application:**

1. Heat and mould the splint to the palmar surface and forearm, respecting the transverse arch.
2. Limit length to three fingers below elbow and to proximal phalanges distally.
3. Secure with wide elastic Velcro® straps to maintain a comfortable resting posture.

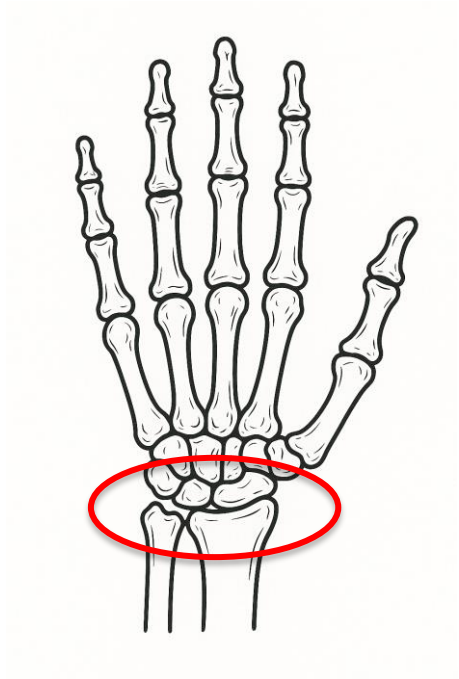
2.2 Dorsal Forearm Splint

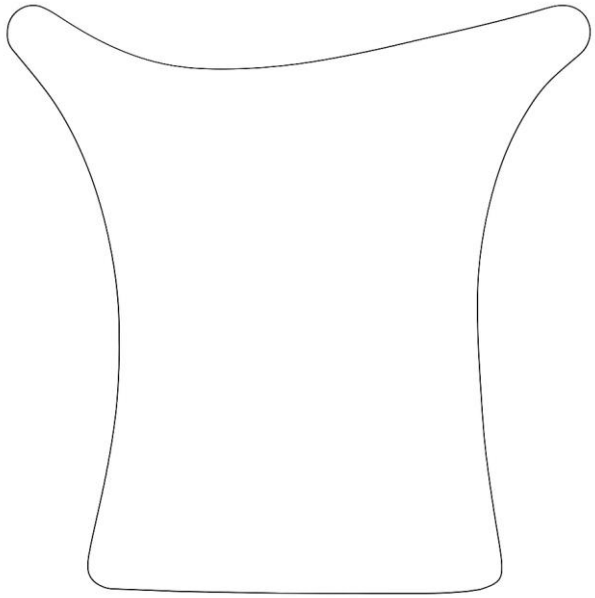
T-TAPE COMPANY

- **Indications**: Rheumatoid arthritis, postoperative correction of ulnar deviation, inflammatory joint disease with or without carpal tunnel involvement.

Material:

- *TURBOCAST* (code 43)
- ✓ Small 2.5 mm non, mini, multi perfo
- ✓ Medium 3.0 mm non, mini, multi perfo
- *TURBOCAST ORTHO* (code OS43)
- ✓ Small 2.5 mm non, mini, multi perfo
- ✓ Medium 3.0 mm non, mini, multi perfo
- *BEACHCAST* (code BC43)
- ✓ Small 3.2 mm non, mini, multi perfo
- ✓ Medium 3.2 mm non, mini, multi perfo





- Joint focus: Wrist joint.

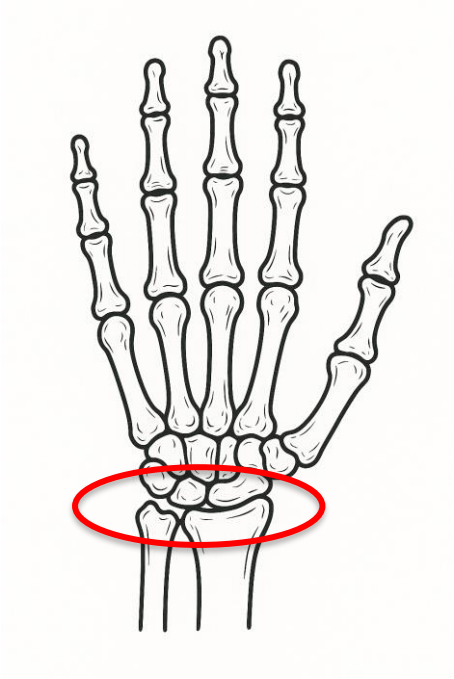
- **Application:**

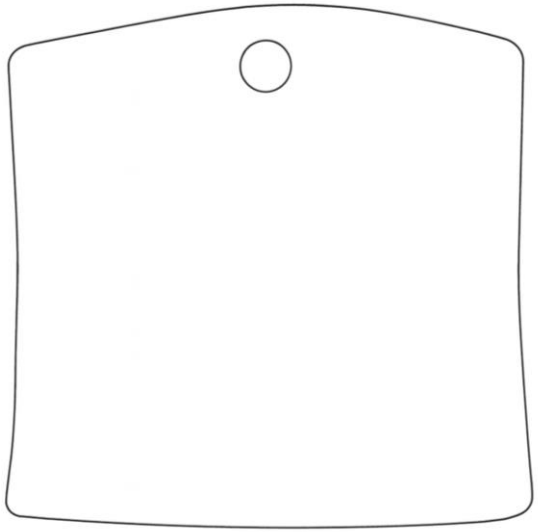
1. Mould over the dorsal forearm, using half the limb circumference and forearm length as guide.
2. Attach wrist and forearm straps.
3. For dynamic extension splinting, hold wrist at ~15° dorsiflexion and attach spring coils using heated patches.

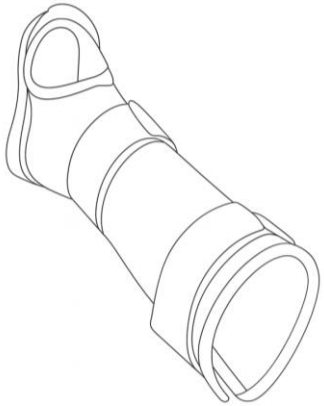
2.3 Wrist Immobiliser

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- **Indications**: Fractures of radius or base of metacarpals, pre-arthrodesis evaluation of wrist position and hand function.







Material:

- *TURBOCAST* (code 86)
- ✓ Small 2.0 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *TURBOCAST ORTHO* (code OS86)
- ✓ Small 2.0 mm micro perfo
- ✓ Medium 2.0 mm micro perfo
- *BEACHCAST* (code BC86)
- ✓ Small 2.0 mm micro perfo
- ✓ Medium 2.0 mm micro perfo

- Joint focus: Wrist joint.

- **Application:**

- When needed, apply padding to the ulnar head.
- Heat material and slip the thumb through the opening.
- Wrap material around the limb, weld edges closed, and roll back thumb hole and borders.
- Trim to allow free MCP, thumb, and elbow motion.
- Apply three to four straps to stabilise the wrist.

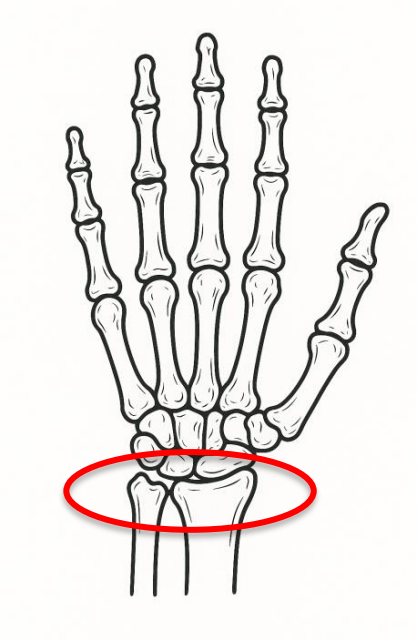
2.4. Cock-up splint

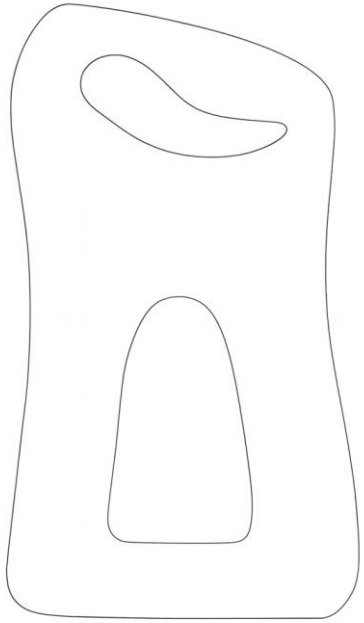
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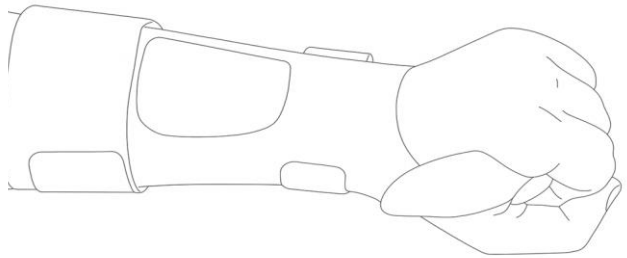
Indications: Wrist tendinitis/tenosynovitis, joint inflammation, carpal tunnel syndrome, CRPS, unstable or weak wrist extensors, base for dynamic outriggers.

Material:

- *TURBOCAST* (code 47)
  - ✓ Small 3.0 mm non perfo
  - ✓ Medium 3.0 mm non perfo
- *TURBOCAST ORTHO* (code OS47)
  - ✓ Small 3.0 mm non perfo
  - ✓ Medium 3.0 mm non perfo
- *BEACHCAST* (code BC47)
  - ✓ Small 3.2 mm non perfo
  - ✓ Medium 3.2 mm non perfo







Joint focus: Wrist joint.

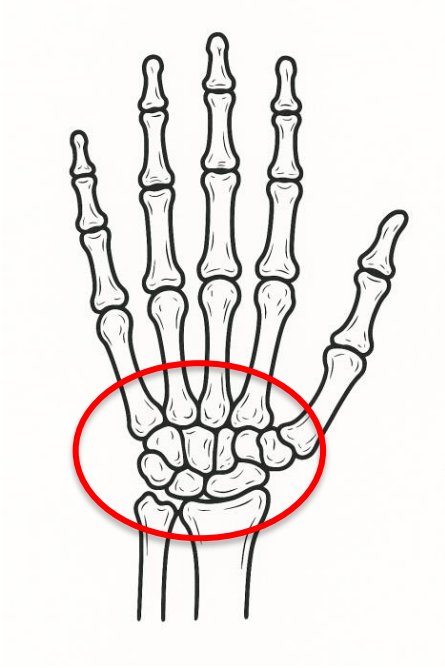
Application:

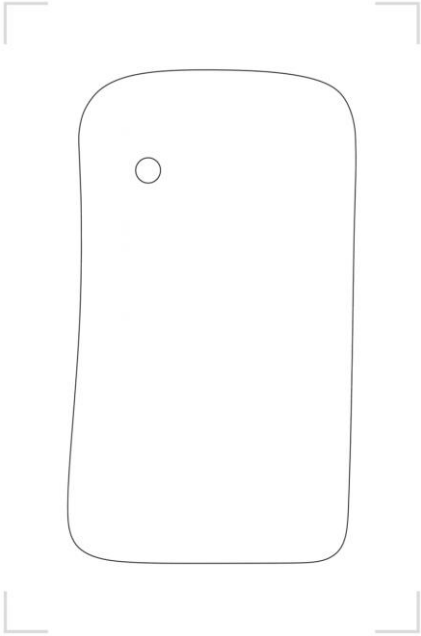
- Slide the ulnar section over the fingers, setting the distal edge near the MCP heads.
- Drape the remaining material over the dorsal forearm.
- Mould around the thumb and transverse arch while setting the wrist in the desired position.
- Hold position until hardened, flare proximal edge, and secure with straps.

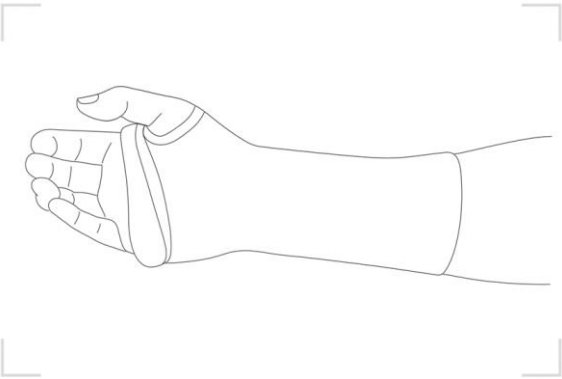
2.5. Volar Splint I

T-TAPE COMPANY

Indications: Wrist tendinitis, fractures of radius/carpus, joint inflammation, carpal tunnel syndrome, dystrophy, unstable wrist, sprain.







Material:

- *TURBOCAST* (code 39)
- ✓ Small 2.5 mm non perfo
- ✓ Medium 3.0 mm non perfo
- *TURBOCAST ORTHO* (code OS39)
- ✓ Small 2.5 mm non perfo
- ✓ Medium 3.0 mm non perfo
- *BEACHCAST* (code BC39)
- ✓ Small 3.2 mm non perfo
- ✓ Medium 3.2 mm non perfo

Joint focus: Wrist joint.

Application:

- Cut or use the pre-cut; width approx. ¾ of wrist and forearm circumference.
- Create thumb opening as per pattern and roll edges.
- Apply with forearm in supination, then rotate to pronation and functional wrist position.
- Keep first palmar skin line free; mark and trim; strap at hand, wrist, and proximal forearm.

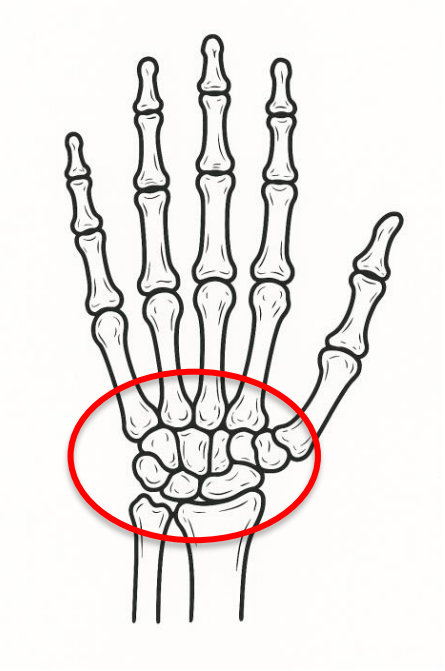
2.6. Volar Splint II

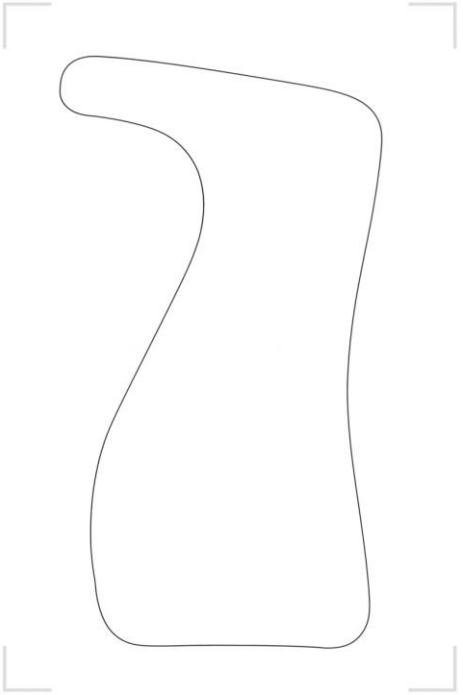
T-TAPE COMPANY

- **Indications**: Fractures of radius/carpus, joint inflammation, carpal tunnel syndrome, dystrophy, unstable wrist, tendon injuries.

Material:

- *TURBOCAST* (code 41)
  - ✓ Small 2.5 mm non, mini perfo
  - ✓ Medium 3.0 mm non, mini perfo
- *TURBOCAST ORTHO* (code OS41)
  - ✓ Small 2.5 mm non, mini perfo
  - ✓ Medium 3.0 mm non, mini perfo
- *BEACHCAST* (code BC41)
  - ✓ Small 3.2 mm non, mini perfo
  - ✓ Medium 3.2 mm non, mini perfo





Joint focus: Wrist joint.

Application:

- Determine length from two fingers below elbow to MCP joints; width equals half circumference of wrist and forearm.
- Apply with forearm supinated, then pronate and set wrist in functional position.
- Keep linea mensalis free; trim and strap at hand line, wrist, and proximal forearm.
- Fix with the straps

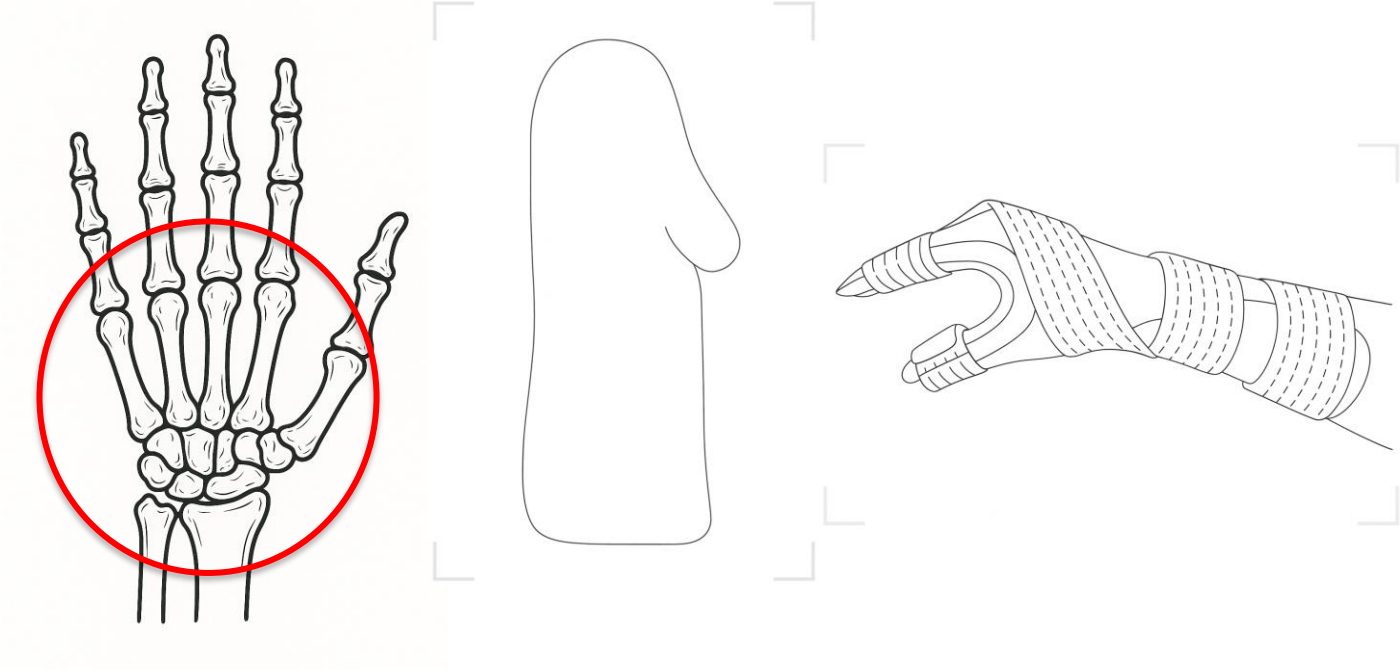
2.7 Intrinsic Plus Positioning Splint Type A

T-TAPE COMPANY

Indications: Skin grafts, scleroderma, Dupuytren's release, inflammatory joint disease, replantation, flaccid paralysis, burns.

Material:

- *TURBOCAST* (code 50)
- ✓ Small 3.0 mm non perfo
- ✓ Medium 3.0 mm non perfo
- *TURBOCAST ORTHO* (code OS50)
- ✓ Small 3.2 mm non perfo
- ✓ Medium 3.2 mm non perfo
- *BEACHCAST* (code BC50)
- ✓ Small 3.2 mm non perfo
- ✓ Medium 3.2 mm non perfo



Joint focus: Wrist and finger MCP/ PIP joints (intrinsic plus posture).

Application:

- Mould volarly to the hand and forearm while in supination.
- Rotate to pronation and position wrist at ~25° dorsiflexion, MCPs at ~80° flexion, IPs at 0°.
- Mark and trim; flare proximal edge and apply straps around forearm, wrist, phalanges, and thumb.

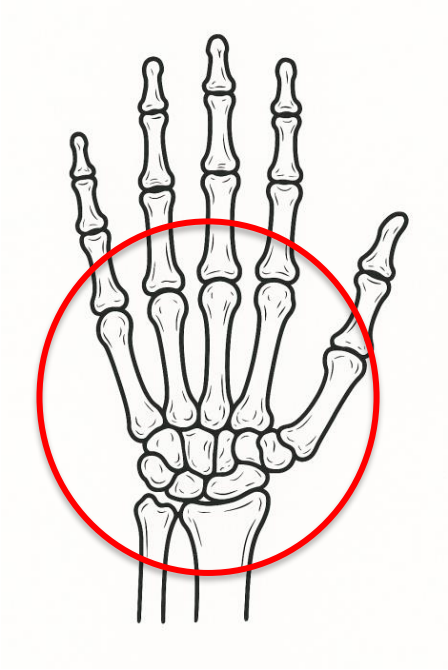
2.8 Intrinsic Plus Positioning Splint Type B

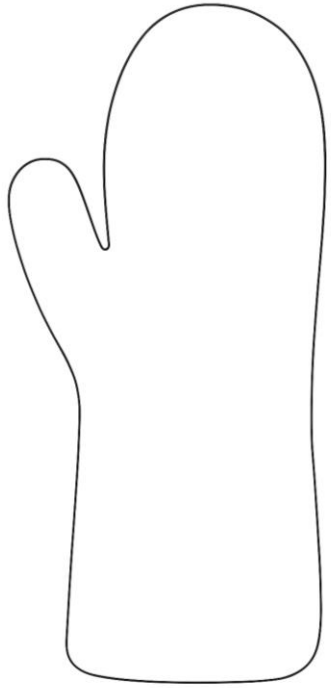
T-TAPE COMPANY

Indications: skin grafts, burns, inflammatory conditions requiring intrinsic plus posture.

Material:

- *TURBOCAST* (code 52)
- ✓ Small 3.0 mm non perfo
- ✓ Medium 3.0 mm non perfo
- *TURBOCAST ORTHO* (code OS52)
- ✓ Small 3.2 mm non perfo
- ✓ Medium 3.2 mm non perfo
- *BEACHCAST* (code BC52)
- ✓ Small 3.2 mm non perfo
- ✓ Medium 3.2 mm non perfo





Joint focus: Wrist and finger MCP/ PIP joints (intrinsic plus posture).

Application:

- Use alternate pre-cut pattern; heat and mould volarly while controlling joint positions.
- Mark trim lines, remove while still warm, and finish edges.
- Apply straps per clinical preference (forearm, wrist, fingers, thumb).

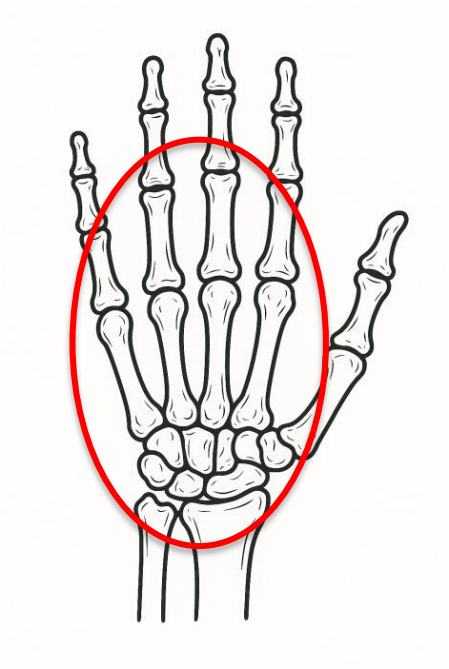
2.9 Dynamic Kleinert Splint

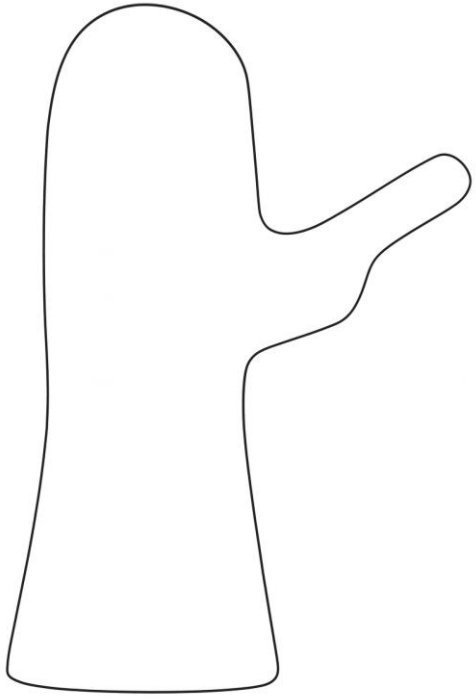
-TAPE COMPANY

Indications: Postoperative management of flexor tendon repairs (especially zone II).

Material:

- *TURBOCAST* (code 54)
  - ✓ Small 3.0 mm non perfo
  - ✓ Medium 3.0 mm non perfo
- *TURBOCAST ORTHO* (code OS54)
  - ✓ Small 3.2 mm non perfo
  - ✓ Medium 3.2 mm non perfo
- *BEACHCAST* (code BC54)
  - ✓ Small 3.2 mm non perfo
  - ✓ Medium 3.2 mm non perfo





Joint focus: Finger joints (PIP/DIP) and wrist in dynamic system

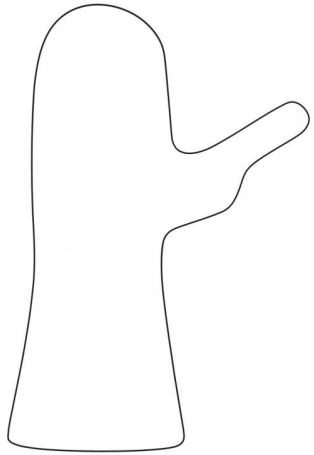
Application:

- Pad dorsum of hand and wrist; heat and drape pre-cut over dorsum with wrist/MCPs flexed and IPs in extension.
- Contour integrated palmar bar to palm and MC heads.
- Attach wrist and forearm straps.
- Fabricate finger cuffs from Velcro® Back-to-Back, thread nylon lines through line guides on palmar bar and wrist strap, and connect to rubber band at forearm strap to provide controlled flexion assistance

2.9 Dynamic Kleinert Splint

T-TAPE COMPANY

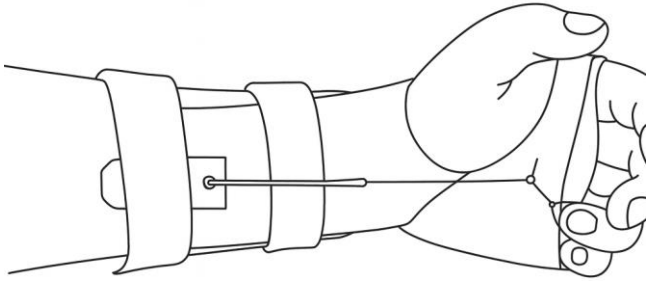
Indications: Postoperative management of flexor tendon repairs (especially zone II).



In cases of postoperative rehabilitation following flexor tendon injuries, the following methods are possible:

1. Immobilization

- This method is used for children and for patients who are poorly cooperative or inadequately motivated. A dorsal splint is applied to keep the wrist in a neutral position or slight flexion, the MCP joints in approximately 60° of flexion, and the IP joints in slight flexion. The period of immobilization lasts 3 to 4 weeks; afterward, rehabilitation exercises may be initiated.



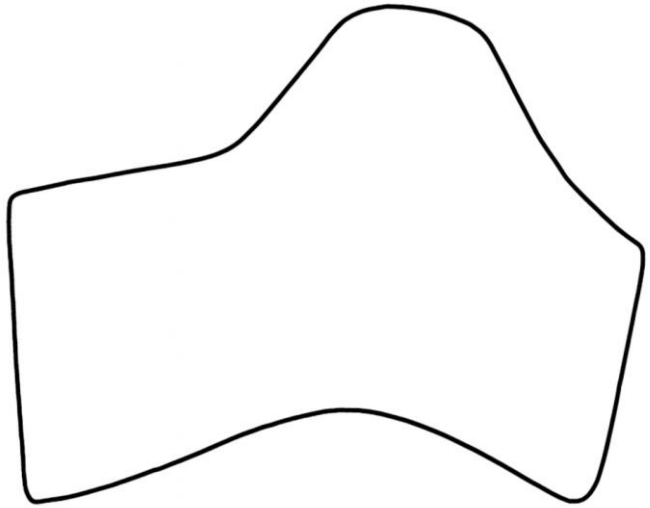
2. Guided Passive Mobilization

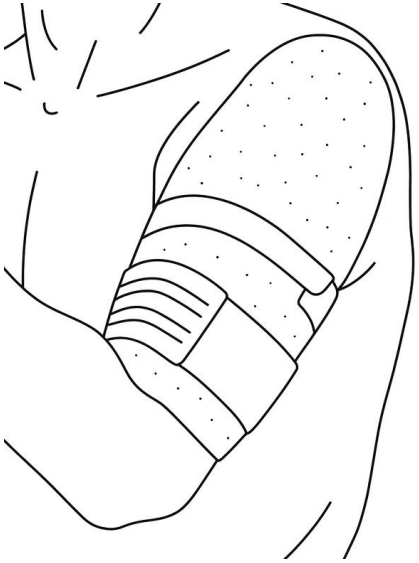
- In this method, the finger joints are passively flexed and extended. The hand is immobilized in a dorsal splint, keeping the wrist in a neutral position, the MCP joints in 45–60° of flexion, and the IP joints in extension. Fixation is achieved with Velcro® straps.
- After careful instruction, the patient should perform passive joint exercises during the first 4 weeks. During the 5th and 6th postoperative weeks, the splint is removed intermittently, followed by passive exercises. After this period, active exercises may be started.

3.1 Upper Arm (Humerus) Brace

T-TAPE COMPANY

- **Indications**: Fracture of the humeral shaft.





Material:

- *TURBOCAST* (code 63)
- ✓ Small 2.5 mm non, mini perfo
- ✓ Medium 2.5 mm non, mini perfo
- *TURBOCAST ORTHO* (code OS63)
- ✓ Small 2.5 mm non, mini perfo
- ✓ Medium 2.5 mm non, mini perfo
- *BEACHCAST* (code BC63)
- ✓ Small 3.2 mm non, mini perfo
- ✓ Medium 3.2 mm non, mini perfo

- **Joint focus:** Humerus stabilisation at shoulder level.

Application:

- Measure upper arm circumference + ~1 cm and length up to acromion.
- For types A/B, heat and mould dorsal or circumferential shells; for type C, roll micro-perforated tube unheated.
- Apply brace around upper arm with Velcro® fastening; perform weekly skin checks and stockinette changes.
- Encourage shoulder swinging and progressive ROM until fracture consolidation (around 8 weeks).

4.1 Nasal Splints

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Purpose of Nasal Splints

Nasal splints act like a “cast” for the nose after surgery or trauma. They are used to:

- Stabilize the nasal bones and cartilages after **rhinoplasty, septoplasty, or fracture reduction**
- Maintain the new shape and alignment of the nose
- Provide gentle **external compression** to reduce postoperative edema
- Protect soft tissues from accidental trauma (e.g., during sleep or minor bumps)
- There are **external** and **internal** splints; both can be made from thermoplastic materials.

4.1 Nasal Splints

T-TAPE COMPANY

External Thermoplastic Pre-cut Nasal Splints

Indications:

- Cosmetic or functional **rhinoplasty / septorhinoplasty**
- Closed or open reduction of **nasal fractures**
- Post-trauma or sports injuries of the nasal dorsum
- Other nasal surgery where external support and edema control are desired

Material & Pre-cuts

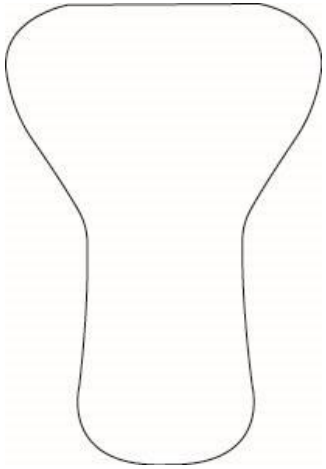
- Low-temperature **thermoplastic sheets or pre-cut** that soften in hot water and are molded over the taped nose
- Pre-cuts are available in standard sizes/shapes, reducing trimming time and ensuring reproducible splint geometry.

Typical Clinical Steps

- **Taping and contouring**
  - After surgery, the nose is taped (usually with paper tape) to shape the dorsum and help with edema control.
- **Selecting and heating the pre-cut splint**
  - Appropriate size pre-cut is chosen.
  - Splint is placed in hot water until pliable
- **Molding and fixation**
  - The softened splint is molded over the taped nose and pressed gently to conform to the dorsum and sidewalls.
  - It is held in place with adhesive backing or additional strips of tape.
- **Duration of wear**
  - Commonly left in place **5–10 days** after surgery or fracture reduction, depending on surgeon preference and healing
- **Follow-up and removal**
  - Patients are monitored for skin irritation, excessive pressure, or displacement.
  - Splint is removed in clinic; some surgeons continue taping alone for a further period to help maintain contour.

T-TAPE COMPANY

Variety of models:



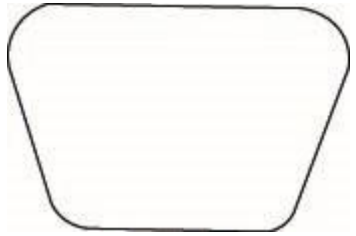
- 17165 (TRC17165)

Made of Turbotreat Comfort 1.6 mm non perfo skin



- 78M
- 78S

Made from Turbocast 1.6 mm micro perfo skin

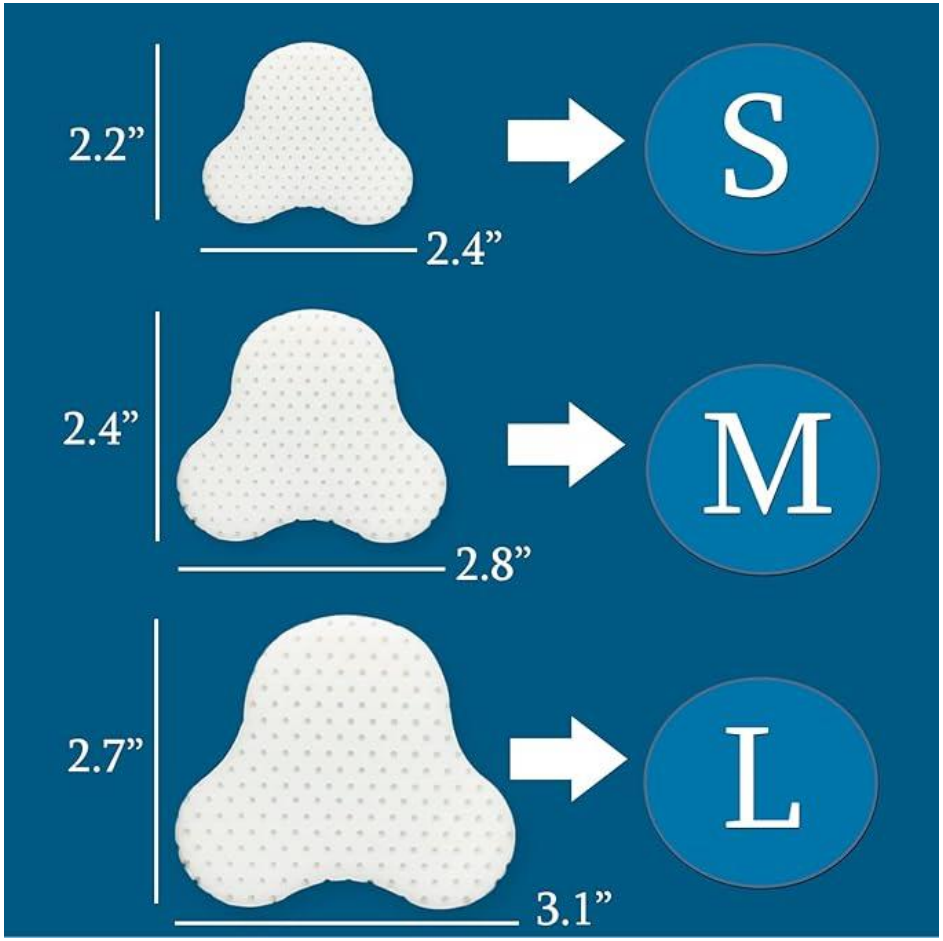


- S12eL
- S12eM
- S12eL

Made from Turbocast Ortho 1.6 mm micro perfo skin

T-TAPE COMPANY

Variety of models:



- 30SIW161
- 30MIW161
- 30LIW161

Made of IMMO+ White 1.6 mm micro perfo